



Day Trip Information

You do not need to book for day trips. However, if it is your first trip with the club ***you should phone the Leader*** in advance so they can ensure the trip is suitable and you are correctly prepared for it.

As a tramping Club, the tracks/routes we take may be different from those typically used by others. Even on easier trips you may encounter hilly terrain, muddy tracks with tree roots and other obstacles, and un-bridged stream crossings, so please wear suitable clothing and footwear. Note that a leader may exclude a person from a trip if it is considered they are inadequately equipped.

Always Bring

- Day-pack with plastic liner
- **A waterproof rain jacket with hood is essential for all trips**
- Fleece or wool jumper, warm hat, gloves
- Torch & spare batteries
- Lunch & snacks
- Water, at least 1 litre
- Sunscreen, sunhat
- Toilet paper
- Hand sanitizer
- First Aid Kit
- Wear boots or stout shoes, shorts or quick dry trousers (*not* jeans), shirt (wool or polypropylene layers, according to weather)
- Change of clothing and shoes including a plastic bag for your dirty boots and clothes (all to be left in the bus or car)

Basic Day Trip Safety Rules

- We always stop at track junctions to allow the group to catch up and ensure no one takes a wrong turn.
- Tell someone if you need to stop or leave the track for a toilet stop or any other reason. Leave your pack on the track.

Trip Gradings

Easy: 4 - 5 hours tramping - slower pace, suitable for beginners with reasonable fitness
Medium: 4 - 6 hours tramping - suitable for those with some experience and good fitness
Long / Fit: 6 - 7 hours and over - fast pace, experience and a high level of fitness necessary

Please Note: Dogs are not permitted on any club trips.



Day Trip Information

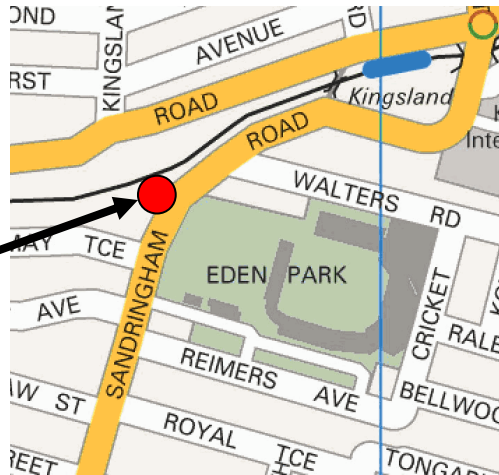
Transport Club Bus or Private Cars (Car Pooling)

Check specific trip details for transport arrangements including pick up locations, times and cost. When you leave the vehicle(s) to begin tramping, carry any valuables with you.

Trips typically depart from the club garage at **31 Sandringham Road, Kingsland**. The garage and parking area are down the driveway between the Mobil Service Station and the house in front of the garage.

Club Garage

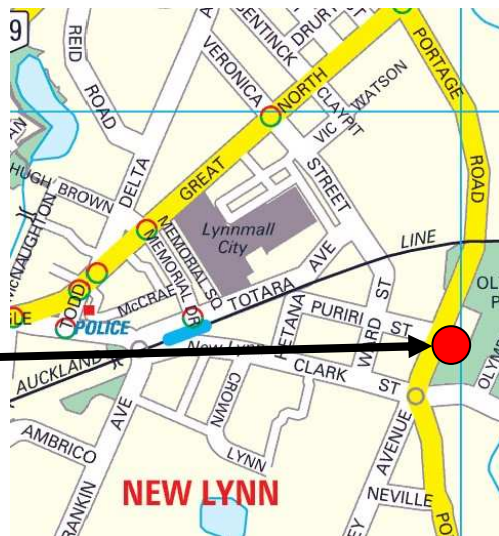
31 Sandringham Road
Kingsland
(most trips)



Trips bound for the *Waitakere Ranges* have an additional pick up at **New Lynn Gymnasium car park, Portage Road**.

New Lynn Pickup

Gymnasium Car Park
Portage Road
(Opposite Puriri Street)



Trips bound for the *Hunua Ranges* or *South* have an additional pick up at **Marewa Road, Greenlane**.

Greenlane Pickup

Marewa Road
(Opposite Countdown)

